Axio-dilaton wormholes and their puzzling low-energy effects

Pablo Soler University of Oviedo

Work with S. Andriolo, G. Shiu, T. Van Riet - 2205.01119 (+ A. Hebecker, T. Mikhail - 1807.00824)

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Quantum sum over histories

• Amplitudes in Quantum Field Theory:



$$\langle \phi_f | \phi_i \rangle = \int_{\phi_i}^{\phi_f} \mathscr{D}\phi \, e^{-S[\phi]}$$

Quantum sum over histories

• Amplitudes in Quantum Gravity:



$$\langle g_f, \phi_f | g_i, \phi_i \rangle = \int_{g_i, \phi_i}^{g_f, \phi_f} \mathscr{D}g \, \mathscr{D}\phi \, e^{-S[g, \phi]}$$

Quantum sum over histories

• Amplitudes in Quantum Gravity:



$$\langle g_f, \phi_f | g_i, \phi_i \rangle = \sum_{top} \int_{g_i, \phi_i}^{g_f, \phi_f} \mathscr{D}g \, \mathscr{D}\phi \, e^{-S[g, \phi]}$$



How do non-trivial topologies affect the Euclidean path integral of Quantum Gravity at low energies?

Outline

- The effects (and puzzles) of wormholes:
 - Coleman α -parameters
- Axionic Wormholes:
 - Axion potentials
 - The axion WGC
- Axionic wormholes with massive dilatons
- Conclusions & open questions

Wormhole effects on EFT

For review: Hebecker, Mikhail, PS '18

• In the IR, wormholes look like joined instanton/anti-instanton pairs which couple to local operators $\mathcal{O}(x)$:



• In the dilute gas approximation, their contribution can be exponentiated, leading to a **bi-local effective action**:



N = 3

$$Z = \int [\mathscr{D}\Phi] e^{-S_0[\Phi]} \sum_{N=0}^{\infty} \frac{1}{N!} \left(e^{-S_{wh}} \int dx_1 \mathscr{O}(x_1) \int dx_1 \mathscr{O}(x_2) \right)^N$$
$$= \int [\mathscr{D}\Phi] e^{-S_0[\Phi]} \exp\left(e^{-S_{wh}} \int_{x_1} \int_{x_2} \mathscr{O}(x_1) \mathscr{O}(x_2) \right)$$

Coleman '88, Preskill '89...

 A bi-local effective action can be recast in a local form with the help of *α*-parameters:

$$e^{-\Delta S} \sim \exp\left(e^{-S_{wh}} \int_{x_1} \int_{x_2} \mathcal{O}(x_1) \mathcal{O}(x_2)\right) \sim \int d\alpha \, \exp\left(-\alpha^2 + \alpha \, e^{-S_{wh}/2} \int_x \mathcal{O}(x)\right)$$

Euclidean wormholes induce non-perturbative corrections to the effective action with (Gaussian) **random couplings!**

$$Z \longrightarrow \int [\mathscr{D}\Phi] \, d\alpha \, e^{-\alpha^2} \exp\left(-\int_x \mathscr{L}_0[\Phi] + \alpha \, e^{-S_{wh}/2} \mathscr{O}(x)\right)$$

• How should we interpret α -parameters?

 Once wormholes are introduced, one needs to consider "babyuniverse states"



- Hilbert space enlarged: $\mathcal{H} = \mathcal{H}_{\Phi} \otimes \mathcal{H}_{b.u.}$
- Introduce baby-universe creation/annihilation ops: $[a, a^{\dagger}] = 1$

•
$$\mathscr{H}_{b.u.}$$
 spanned by $\{|n\rangle\}$, where $|n\rangle = \frac{(a^{\dagger})^n}{\sqrt{n!}}|0\rangle$

• The effect of wormhole insertions on \mathcal{H}_{bu} is given by



• The effect of wormhole insertions on \mathscr{H}_{bu} is given by



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But we should consider more general in/out states!

• In particular α -eigenstates are eigenstates of $(a + a^{\dagger})$:

$$(a + a^{\dagger}) | \alpha \rangle = \alpha | \alpha \rangle$$

 α -eigenstate propagation yields:



• Wormholes induce effective action with **unknown** α -couplings:

$$\Delta S_{eff} = \alpha \, e^{-S_{wh}} \int d^4 x \, \mathcal{O}(x)$$

Conceptual issues

Wormholes and holography

Wormholes & AdS/CFT

- The presence of random couplings is extremely puzzling from the perspective of a fundamental theory
- Problems are manifest in holography (AdS/CFT):



Maldacena, Maoz '04; Arkani-Hamed, Orgera, Polchinski '07, Hertog, Trigiante, Van Riet '17, Marolf, Santos '21...

Conceptual questions

- Are wormhole effects and α -parameters real?
- Can they be embedded in string theory?
- How are they compatible with AdS/CFT?

Let us study a specific setup with wormhole solutions with important **phenomenological implications**

Axionic wormholes



$$\mathcal{L} \sim -\mathcal{R} + f^2 |\partial \phi|^2 \quad \text{with} \quad \phi \equiv \phi + 2\pi$$

• This can be dualized $(H = dB_2 \equiv f^2 * d\phi)$ to give:

$$\mathcal{L} \sim -\mathcal{R} + \frac{1}{f^2} |dB|^2$$

• This theory admits smooth solutions



The throat is a three-sphere of minimum radius R, supported by n units of H-flux:

$$M_P^2 R^{-2} \sim \frac{n^2}{f^2} R^{-6} \quad \Rightarrow \quad R^2 \sim \frac{n}{f M_P} \gg \Lambda_{UV}^{-2}$$

Giddings, Strominger '88; Coleman, Lee '89...

"axion" = ALP



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• These wormholes couple to axions and yield

$$\Delta V_{eff} \sim \alpha \, e^{-S_{wh}} \cos\left(\frac{n\phi}{f}\right)$$

- Non-perturbative axion potential: $S_{wh} \sim \frac{n}{f} M_P$
- Quantum gravity breaks global symmetry: $\phi \rightarrow \phi + c$.
- Undetermined coefficient α (conceptually problematic).
- Interesting for pheno? Highly suppressed: $S_{wh} \gg \frac{M_P^2}{\Lambda_{UV}^2}$

Weak Gravity Conjecture (WGC)

"In consistent theories of Quantum Gravity, gravity is the weakest force"

Wormholes & WGC

 WGC: There should exist "microscopic" effects that dominate over macroscopic wormholes

Option 1: microscopic wormholes dominate



Option 2: microscopic **instantons** dominate



Wormholes & WGC

 WGC: There should exist "microscopic" effects that dominate over macroscopic wormholes

$$\Delta V_{eff} \sim \alpha \, e^{-S_{wh}} \cos \left(\frac{n \, \phi}{f}\right) \, + \, e^{-S_{micro}} \cos \left(\frac{\phi}{f}\right)$$

WGC predicts:

$$S_{micro} \lesssim \frac{S_{wh}}{n} \sim \frac{M_P}{f} \implies f S_{micro} \lesssim M_P$$

Arkani-Hamed, Motl, Nicolis, Vafa '06; Brown, Cottrell, Shiu, PS '15 Heidenreich, Reece, Rudelius '15

 Important consequences for phenomenology (axion inflation, monodromy/relaxion, axion (fuzzy) Dark Matter, strong CP,...)

> c.f. Hebecker, Mikhail, PS '18 (see also Kanazawa's talk)

$$S_E = \int d^4x \sqrt{g} \left(-\frac{1}{2} \mathcal{R} + \frac{1}{2} (\nabla \chi)^2 + \frac{1}{2f^2} e^{-\beta \chi} H_3^2 \right)$$

$$S_E = \int d^4x \sqrt{g} \, \left(-\frac{1}{2} \mathcal{R} + \frac{1}{2} (\nabla \chi)^2 + \frac{1}{2f^2} e^{-\beta \chi} H_3^2 \right)$$

• Three types of O(4) symmetric solutions possible:

$$ds^{2} = \left(1 + k\frac{a_{0}^{4}}{r^{4}}\right)^{-1} dr^{2} + r^{2}d\Omega_{3}^{2}, \qquad H = \frac{n}{2\pi^{2}} dVol_{S^{3}}, \qquad \chi = \chi(r)$$

Cored **instantons** (k = +1)

Flat (extremal) **instanton** (k = 0) Axion **wormhole** (k = -1)







E. Bergshoeff, A. Collinucci, U. Gran, D. Roest and S. Vandoren, '04

• Wormholes and large distances:



Hebecker, Mangat, Theisen, Witkowski '16

• For $\beta \ge \beta_c$:

Wormholes do not exist! (No conceptual problems)

Only cored & flat **instantons**: Δ

$$S_{eff} \sim e^{-S_{inst}} \cos{(\phi/f)}$$

Typical setup in UV theories/string theory

• For $\beta < \beta_c$:

All solutions (wormhole & instantons) coexist:

$$\Delta S_{eff} \sim \alpha \, e^{-S_{inst}} \, \cos\left(\theta/f\right)$$

Axionic wormholes with massive dilatons

A toy model for the Weak Gravity Conjecture

Andriolo, Shiu, PS, Van Riet '22

Wormholes with massive dilaton

• We study wormhole solutions when we include a dilaton mass

$$S_E = \int d^4x \sqrt{g} \left[-\frac{R}{2} + \frac{1}{2} (\partial_\mu \phi)^2 + \frac{1}{2f^2} e^{-\beta \phi} H^2 + m^2 \phi^2 \right] \qquad (\beta < \beta_c)$$

- Solutions interpolate between (large) axionic wormholes and (small) axio-dilaton wormholes
 - Large $R^2 \gg 1/m^2$: dilaton freezes and decouples (same as $\beta \to 0$)

Axionic wormholes

- Small $R^2 \ll 1/m^2$: dilaton is effectively massless

Axio-dilaton wormholes

• Our main interest is in the action-to-charge ratio of wormholes

$$s_n \equiv \frac{S_{wh}f}{n}$$

- Large wormholes $(R^2m^2 \sim \frac{m^2q}{f} \gg 1)$: perturbative expansion

$$s_q = \sqrt{\frac{3}{2}} \pi^3 \left(1 - 4\pi\sqrt{3} \frac{\beta^2 f M_P}{q m^2} \right) + \dots$$
 c.f. Andriolo, Huang, Noumi, Ooguri, Shiu '20

- Small wormholes $\left(\frac{m^2q}{f} \leq \mathcal{O}(1)\right)$: numerical computation...

c.f. Kallosh, Linde, Linde, Susskind '95

• Action-to-charge ratio: $s_0 < s_q < s_{\infty}$



• This result, for $\beta < \beta_c$ (were solutions are under control), confirms the WGC expectation



Smaller ("microscopic") wormholes dominate

Andriolo, Shiu, PS, Van Riet '22

• It suggests that if $\beta \ge \beta_c$ (as is typical in string theory), larger wormholes would be subdominant ('decay') to instantons



Smaller ("microscopic") instantons dominate

 A possible solution to conceptual issues with *α*-parameters, but: Treatment in EFT not possible, need UV completion (string theory)
Even the, *α*-contributions subdominant, but maybe not absent

Conclusions

Conclusions

- Wormholes and instantons are crucial ingredients in axion pheno.
 - Wormholes break shift symmetry, but are highly suppressed
 - WGC: stronger effects through "microscopic" objects (Pheno!)
- Wormholes pose deep puzzles (α -parameters & AdS/CFT)
- Toy UV model: axions & massive dilatons $(\beta < \beta_c)$
 - The 'mild' (wormhole) WGC is satisfied: $S_{wh}^{(n)} \ge n S_{micro}$
 - Ultimate fate of α -parameters still unclear.
- Task: clean string models with all β and dilaton masses
 - Explore wormhole extremality/stability & holographic avatars